East Invicta Amateur Swimming Association

Constitution, Rules and Conditions (November 2026)

Pages 1 – 8

Bye Laws concerning Championships and Competitions

These are held on the Competition Web Pages

PRESIDENT

Ian Howes
Folkestone Swimming Club

Affiliated to Swim England and to Kent County A.S.A.
http://www.eastinvicta.co.uk/

East Invicta Amateur Swimming Association

November 18th, 2026

East Invicta Presidents

Years		Years	
1963-1964	Frank Haisell * (1963)	1995-1996	Joy Rownes * (1997)
1964-1965	A O Jones	1996-1997	Graham Vickery
1965-1966	W Jim Broyad	1997-1998	Graham Vickery
1966-1967	R P Handford	1998-1999	Gill Hughes
1967-1968	B Pilcher	1999-2000	Tony Smith
1968-1969	Mrs E A Baker * (1972)	2000-2001	Jim Parriss
1969-1970	Norman R Beadle * (1962)	2001-2002	Mike Hughes
1970-1971	D C Davey	2002-2003	Pauline Smith
1971-1972	Mrs P E Coughlan	2003-2004	Eillean Jackman
1972-1973	Ernie F Butler	2004-2005	Anne Pritchard
1973-1974	Eddie Henniker	2005-2006	John Smith
1974-1975	W J George Goldfinch	2006-2007	Paul Siommons
1975-1976	B Savage	2007-2008	Paul Webster
1976-1977	David Brooshooft	2008-2009	Georgina Bates
1977-1978	Alf F Isaac	2009-2010	Anne Pritchard
1978-1979	Frank Haisell	2010-2011	Scott Walker * (2015)
1979-1980	Mrs M Jan Davis * (1986)	2011-2012	Scott Walker * (2015)
1980-1981	John Davey	2012-2013	Mark Walsh
1981-1982	A O Jones	2013-2014	Mark Walsh
1982-1983	R J Dix	2014-2015	David Staveley
1983-1984	Mrs E Vinten	2015-2016	David Staveley
1984-1985	Peter J F Woodsford	2016-2017	Peter Crouch
1985-1986	W J George Goldfinch	2017-2018	Peter Crouch
1986-1987	Mrs Linda Legge	2018-2019	Ian Howes
1987-1988	Ernie F Butler	2019-2020	Ian Howes
1988-1989	Eddie Henniker	2020-2021	Ian Howes
1989-1990	Tony Smith	2021-2022	Ian Howes
1990-1991	Eillean Jackman	2022-2023	Ian Howes
1991-1992	John Smith	2023-2024	Ian Howes
1992-1993	J Derrick	2024-2025	Ian Howes
1993-1994	Peter J F Woodsford	2025-2026	Ian Howes
1994-1995	Peter J F Woodsford	2026-2027	Ian Howes

* indicates Kent President followed by the year in office

CONSTITUTION, RULES AND CONDITIONS

(Revised Nov 2024)

The word 'Club' in the following Rules shall be held to include all bodies affiliated to the Association. Words imparting the masculine gender shall include the feminine. Words of the plural number shall include the singular and words of the singular shall include the plural.

1) NAME

The Association shall be called the East Invicta Amateur Swimming Association and shall cover that part of Kent east of a line from Dungeness Point through Ashford to Faversham finishing at Herne Bay.

2) COMPOSITION

The Association shall consist of:

a) Clubs of both sexes based within the area promoting swimming, diving, water polo, lifesaving, synchronised swimming and masters swimming in all disciplines of the sport.
b) Associated Members
c) Hon. Life Members
d) Life Members

The competing members of any club shall be eligible as defined by Swim England Laws and each club shall have a published rule to that effect.

The Association shall adopt Swim England Child Protection Procedures, and all affiliated clubs shall comply with Swim England Child Protection Procedures requirement and have a published rule to that effect.

3) MEMBERSHIP

Any club affiliated to Swim England South East Region whose headquarters are in the East Invicta Area shall be eligible to join the Association on being proposed and seconded by two clubs already affiliated to the Association.

4) OBJECTS

The objects of the Association shall be those of Swim England and in particular:

a) Promote the teaching and practice of swimming, diving, water polo, lifesaving, artistic swimming, masters' swimming in all disciplines of the sport, and to encourage public opinion in favour of providing proper accommodation and facilities for swimming activities to take place.
b) Promote and hold championships and competitions within the association area under Swim England Laws and Technical Rules.
c) Promote the coaching and practice of performance swimming.
d) Promote uniformity of rules for the control and regulation of swimming, diving, water polo, lifesaving, artistic swimming and the management of all competitions thereunder.
e) Enforce observance of the laws of Swim England

5) SUBSCRIPTIONS

The annual subscription for affiliated clubs and associated members shall become due on the 1st of August of the preceding year and must be paid by the following Annual General Meeting. No club or member shall participate in the activities of the Association nor be entitled to any of the privileges of the Association until the subscription for the current year is paid. A notice of renewal shall be sent to each Club following the due date.

a) Club subscriptions shall be determined by the Executive Committee at the May meeting each year. Details of affiliation shall be notified to Championship Hon. Secretaries by

1st October each year.

b) Persons elected by the Association Council as associate members shall pay an annual subscription of £4.00 and £2.00 for juniors.

c) The position of Vice-President is conferred by the Association Council upon invitation to, and acceptance by, the individual.

d) A subscription of not less than £20.00 entitles the donor to Life Membership.

6) AFFILIATIONS

The Association shall be affiliated to the Swim England South East Region and to any other competent body at the discretion of the Executive Committee.

7) ASSOCIATION COUNCIL

a) The Association Council shall consist of the Association President, Past Presidents, Hon. Life Members, The President Elect, The Officers listed in Rule 10, and up to three duly elected delegates from each affiliated club. Each Association Council member shall be entitled to one vote only at all General Meetings of the Association no matter how may Clubs he may represent.

b) A meeting of the Association Council shall be held annually, during the month of November each year. **Nine** persons to form a quorum.

c) The President, Past Presidents, Hon. Life Members, the President Elect, Officers and Club Secretaries shall be given in writing, fourteen clear days notice of the Annual Council meeting, together with the agenda, copies of the Annual Reports, Statement of Accounts, Notices of Motions, and a list of nominations for Officers and members of the Executive Committee for the coming year.

d) The business of the Annual General Meeting shall be:
   - i) To consider and, if approved, adopt the Annual Report and Statement of Accounts.
   - ii) To consider and, if approved, adopt proposals for the alteration, addition to or deletion from the Rules of the Association.
   - iii) To appoint the President, any additional Vice Presidents, Hon. Life Members, Officers and Executive Committee Members for the coming year.
   - iv) To appoint an independent Examiner of the Accounts who shall not be a member of the Executive Committee or a member of the family of a member of the Executive Committee.
   - v) To consider any motions of which due notice have been given.

e) The President for the subsequent year shall, if approved, be nominated by the Executive on the advice of a meeting of Past Presidents, which shall be held before 1st March each year. The President will serve for a minimum of two continuous years.

f) Nominations for Officers and elected members of the Executive Committee shall be made in writing or e-mail to the General Hon Sec. Nominations shall be in the hands of the General Hon. Secretary three weeks before the AGM. Existing members of the Executive Committee who wish to continue in the role to which they have been acting during the previous year are not required to complete nomination forms.

g) The election of the Officers and Members of the Executive Committee shall be by ballot conducted in accordance with the appropriate Rules of Swim England South East Region.
In the event of equality of votes between two or more candidates, the Chairman shall have one or more casting votes. A ballot paper bearing votes for more or less than the number of candidates to be voted for shall be invalid and excluded from the ballot. Any member of the Council who is unable to attend the meeting shall have the right to vote by post. His ballot paper, in an inner sealed envelope, together with a certificate of authority to attend the meeting and a notice of inability to attend, shall reach the General Hon. Secretary at least two days before the date of the meeting. Postal votes shall be opened by the General Hon. Secretary at the time voting is taking place for the positions concerned.

h) A special meeting of the Council shall be called:
   - i) by resolution of the Executive Committee
   - ii) on receipt by the General Hon. Secretary of a written requisition signed by not less than four delegates representing four different affiliated clubs.
   - iii) The quorum is to be 15 as identified in 7b.

The resolution or requisition shall state the business for which the meeting is to be called and no other business may be transacted at that meeting.

The meeting shall be held within six weeks of the receipt of the date of the resolution or receipt of the requisition. The President, Past Presidents, Vice Presidents, Hon. Life Members, the President Elect, the Officers and Clubs shall be given fourteen clear days notice, in writing, of the date, time and venue, together with an agenda.

8) NOTICES OF MOTION

a) Notices of motion for changes to, additions to or deletions from the Rules of the Association and of other motions to be considered at the Annual Council Meeting shall be made, in writing, to reach the General Hon. Secretary three weeks before the ACM.

b) A notice of motion may be made by and in the names of members of the Council, who shall propose and second it; or in the name of the Executive Committee or any of the Standing Committees by the Hon. Secretary of the proposing Committee, in which case it shall be proposed and seconded by members of the Committee.

c) Voting on Notices of Motion shall be by show of authorised order papers. A proposal to change, add to or delete from the rules of the Association shall require a two thirds majority of those present and voting.

9) ALTERATION TO RULES

a) The "Rules of the Association" may only be changed, added to or deleted at an Annual General Meeting of the Council or at a Special Meeting of the Council called for the purpose, except that, where these Rules are affected by changes in the Laws of Swim England, it shall be the duty of the Executive Committee to make them conform to these changes at the earliest possible opportunity.

b) The Conditions for all Association Championships and Competitions, which are included as Bye Laws to this Constitution, may be altered by the Executive Committee by a simple majority of those present and voting, following receipt by the Executive of a proposal from the relevant technical committee.

c) The Honorary General Secretary shall maintain an up-to-date copy of all the Championship Conditions and the Technical Secretaries shall maintain an up-to-date copy of the Championship Conditions relevant to their discipline. The Conditions shall be made available upon request by a Club or by a member of a club affiliated to EIASA. Included in the Handbook and published on the Association website.

d) The Rules and Conditions shall be published on the website. Any amendments agreed at the AGM will be up dated on to the version published there as soon as practicable after the Annual Council Meeting.

10) OFFICERS

The following Officers shall be elected annually from and by the Council of the Association at the Annual General Meeting:-

a) President,
b) Honorary Treasurer and Trustee.
c) Honorary General Secretary.
d) Swimming Championships Hon. Secretary.
e) Swimming Officials Hon. Secretary.
f) Diving Hon. Secretary. (Dormant)
g) Water Polo Hon. Secretary (Dormant)
h) Life Saving Hon. Secretary (Dormant)
i) Artistic Swimming Hon. Secretary. (Dormant)
j) Masters Swimming Hon. Secretary

k) Trophies Hon. Secretary.
l) East Invicta eXcel Swim Squad Manager (Dormant)

It is understood all officials will serve for a minimum of 2 years. In the event that any of the disciplines are dormant then an officer will not be elected.

11) EXECUTIVE COMMITTEE

a) The management of the Association shall be vested in an Executive Committee consisting of the President, Past Presidents, the Officers as set out in Rule 10 and one delegate of each member club. The President, when present shall take the chair, or nominate a chairman, at meetings of the Committee. In his absence, the meeting shall appoint a Chairman. Five members shall form a quorum.
b) The Executive Committee shall meet at least six times per year and the General Secretary shall give members at least 7 days notice in writing of the date of the meeting. The dates for the following year's Executive Committee meetings will be set at the meeting immediately following the AGM
c) The committee shall, at its meeting immediately following the Annual General Meeting each year, appoint the Standing Committees as defined in Rule 12.
d) The Executive Committee shall keep minutes of its proceedings and shall furnish to the Swim England South East Region such information as it may from time to time require.
e) The Executive Committee shall exercise control over the funds of the Association. It shall prepare a Report and Statement of Accounts of each year's activities and submit them to the Annual General Meeting of the Council.
f) The Executive Committee shall have the power to make alterations/amendments to all the Championship Conditions upon receipt of a properly minuted proposal from the relevant Technical Committee provided that the alteration/amendment complies with Swim England Law.
g) The Committee shall enforce the observance of the Laws and Rules of the Swim England South East Region and of the Association.
h) The Committee shall have the power to fill any vacancies that may occur among the Officers and Committee.
i) The Committee shall oversee the proceedings of the Standing Committees, issuing such directions as it thinks fit and shall approve, reject or amend their proposals.
j) The Committee may appoint, and subsequently discharge, any sub-committee or working party.
k) The Committee shall take appropriate action against any Club or individual found guilty of any infringement of the Rules of the Association in accordance with the Guidelines laid down by Swim England
l) The Committee shall decide any matter not provided for in the Laws of Swim England, the rules of the Swim England South East Region or the Rules of the Association, subject to confirmation at the next Council Meeting.

12) DISCIPLINE

The Committee may require an individual member or club to resign if, in its opinion, the interests of the Association have been compromised by the member/club. Such action shall only be taken if the member/club has been notified, by registered post, stating the reasons for the action being taken. In the event of such a member/club failing to reply or declining to resign within the stated period, a special meeting of the committee shall be called. At least two weeks notice shall be given to the member, and the individual concerned of this meeting.

At that meeting, they will have the opportunity of defending their actions. Should two thirds of the members present vote in favour of the member's expulsion, they shall cease to be a member of the Association. Such action shall always be taken in accordance with the guidelines for clubs with internal disputes and subject to the overriding Swim England Appeal Law.

13) STANDING COMMITTEES

Ex-Officio Members

The President, the General Hon. Secretary and the Hon. Treasurer shall be Ex officio members of all Standing Committees.

a) **General Purposes Committee**
The President, Treasurer and General Secretary, The General Secretary is the secretary of the Committee. Any other member may be co-opted if required for the business of the meeting.

b) **Diving Committee (Dormant)**
The Diving Secretary and will chair the meeting and two co-opted members,

c) **Life Saving Committee (Dormant)**
The Life Saving Secretary who will chair the meeting and two co-opted members

d) **Swimming Committee**
The Swimming Officials Hon. Secretary, the Asst. Swimming Championships Hon. Secretary, East Invicta Excel Swim Squad Manager, the Masters Swimming Hon. Secretary, and one member elected from the Executive Committee

e) **Artistic Swimming Committee (Dormant)**
The Artistic Swimming Secretary and will chair the meeting and two co-opted members

f) **Water Polo Committee (Dormant)**
The Water Polo Secretary who will chair the meeting and two co-opted members

14) POWERS AND DUTIES OF THE STANDING COMMITTEES

a) General Purposes Committee

i) Deal with matters that cannot wait until the next scheduled Executive Meeting.
ii) To consider matters relative to the finance, policy, organisation and administration of the Association.
iii) Deal with any matters of discipline against the Rules of the Association on behalf of the Executive Committee, following the procedure laid down in Rule 12 and report to the Executive Committee its recommendations.
iv) Recommend to the Executive Committee appropriate action against any club or individual found guilty of infringement of the Rules of the Association.
v) Deal with any non-technical matters referred to it by the Executive Committee.

b) Diving Committee (Dormant)

(i) Advise the Executive Committee on all matters relating to diving and submit recommendations for diving facilities and equipment.
(ii) Make all arrangements for the holding of Championships, other Competitions and representative matches.
(iii) Appoint all officials for the East Invicta Diving Championships, competitions and any representative matches held under the auspices of the Association.
(iv) Advise on the selection of competitors to represent the Association and nominate candidates for the award of Association Colours.
(v) Conduct training courses for performers and coaches to arrange educational programmes and conferences.
(vi) Deal with any other matter concerning their branch of the sport that may be referred to them by the Executive Committee.

c) Life Saving Committee (Dormant)

i) Advise the Executive Committee on all matters relating to life saving and submit recommendations for life saving facilities and equipment.
ii) Make all arrangements for the holding of Championships, other Competitions and representative matches.
iii) Appoint all officials for the East Invicta Life Saving Championships, competitions and any representative matches held under the auspices of the Association.
iv) Advise on the selection of competitors to represent the Association and nominate candidates for the award of Association Colours.
v) Conduct training courses for performers and coaches and to arrange educational programmes and conferences.

vi) Deal with any other matter concerning their branch of the sport that may be referred to them by the Executive Committee.

d) Swimming Committee

i) Advise the Executive Committee on all matters relating to swimming and submit recommendations for swimming facilities and equipment.

ii) Make all arrangements for the holding of Swimming Championships, other Competitions and representative matches. Make arrangements for the holding of Masters Swimming Competitions/Championships where necessary.

iii) Appoint all officials for the East Invicta Swimming and Masters Swimming Championships, competitions and any representative matches held under the auspices of the Association.

v) To make recommendations to the Executive Committee concerning the financing of the activities of the East Invicta eXcel Swim Squad (Currently Dormant)

vi) Deal with any other matter concerning their branch of the sport that may be referred to them by the Executive Committee.

e) Artistic Swimming Committee (Dormant)

i) Advise the Executive Committee on all matters relating to Artistic swimming and submit recommendations for Artistic swimming facilities and equipment.

ii) Make all arrangements for the holding of Championships, other Competitions and representative matches.

iii) Appoint all officials for the East Invicta Artistic Swimming championships, competitions and any repr esentative matches held under the auspices of the Association.

iv) Advise on the selection of competitors to represent the Association and nominate candidates for the award of Association Colours.

v) Conduct training courses for performers and coaches and to arrange educational programmes and conferences.

vi) Deal with any other matter concerning their branch of the sport that may be referred to them by the Executive Committee.

f) Water Polo Committee (Dormant)

i) Advise the Executive Committee on all matters relating to Water Polo and submit recommendations for Water Polo facilities and equipment.

ii) Make all arrangements for the holding of Championships, other Competitions and representative matches.

iii) Appoint all officials for the East Invicta Water Polo Championships, competitions and any representative matches held under the auspices of the Association.

iv) Advise on the selection of competitors to represent the Association and nominate candidates for the award of Association Colours.

v) Conduct training courses for performers and coaches and to arrange educational programmes and conferences.

vi) Deal with any other matter concerning their branch of the sport that may be referred to them by the Executive Committee.

15) ATTENDANCE AT EXECUTIVE MEETINGS

a) The Executive may declare that an officer or an elected member of the Executive who has been absent from three consecutive Executive Meetings (without grounds considered sufficient by the Executive Committee) has vacated his office or seat provided that the person concerned has been notified that such a proposal is to be put before the Executive. The Executive may then exercise its authority under Rule 11 (h) to fill the vacancy.

b) Where an officer is also the President or a Past President or a Hon. Life Member, the exercise of this rule will not affect his/her rights to attend Executive Meetings as bestowed by Rule 11 (a).

16) FUNDS OF THE ASSOCIATION

a) The financial year of the Association shall end on the 31st July of each year, up to which date all accounts and other reports shall be made.

b) All funds and property of the Association shall be applied to the furtherance of the objects of the Association. In the event of dissolution of the Association, the funds remaining shall be devoted to objects similar to those of the Association.

17) EXAMINER OF ACCOUNTS

An independent examiner, who shall not be a member of the Executive Committee or a member of the family of an Executive Committee member, shall be appointed annually by the Association Council at the Annual General Meeting.

18) INTERPRETATION OF RULES

In the event of any question arising as to the correct interpretation of these Rules, or any other question not herein provided for, such question shall be referred to the Executive for decision.

BYE LAWS CONCERNING EAST INVICTA CHAMPIONSHIPS AND COMPETITIONS

SECTION A: ANNUAL SWIMMING CHAMPIONSHIPS

SECTION B: DEVELOPMENT GALA

SECTION C: MASTERS' SWIMMING CHAMPIONSHIPS

SECTION D: EAST INVICTA EXCEL SWIMMING TEAM (Dormant)

Information available from the Secretary of the Association

SECTION E: WATER POLO COMPETITIONS AND CHAMPIONSHIPS

Information available from the Secretary of the Association

SECTION F: DIVING CHAMPIONSHIPS

Information available from the Secretary of the Association

SECTION G: LIFE SAVING CHAMPIONSHIPS

Information available from the Secretary of the Association

SECTION H: ARTISTIC SWIMMING CHAMPIONSHIPS

Information available from the Secretary of the Association