



East Invicta Amateur Swimming Association

Affiliated to ASA South East Region - Kent County A.S.A.
and R.L.S.S. (Kent Branch)

Visit the Web Site at: www.eastinvicta.co.uk

Annual Championships

COMPETITION RULES AND MEET INFORMATION

1. General Information

- a) The meet will be held at Dover Leisure Centre and swum under SWIM ENGLAND Laws and Technical Rules and will be licensed at Level 2 by Swim England for entry into County Championships, Regional and short course National Championships.
- b) The pool is 25 metres long with 8 lanes, anti-wave lane ropes, electronic timing and a digital scoreboard display. Results will be available via the East Invicta website at the end of the meet. There will also be a live link to the results via the Association website.
- c) The following age group events will be promoted for both Open/Male and Female:

9/10yrs, 11/12yrs, 13/14yrs, 15yrs +

INDIVIDUAL EVENTS:

50m	Butterfly – Breaststroke – Backstroke & Freestyle.	(Finals)
100m	Butterfly – Breaststroke – Backstroke & Freestyle.	(HDW)
200m	Butterfly – Breaststroke – Backstroke & Freestyle	(HDW)
400m	Freestyle / Individual Medley (not 9yrs)	(HDW)
100m	Individual Medley 200m Individual Medley	(HDW)
800m	Freestyle (not 9/10yrs)	(HDW)
1500m	Freestyle (not 9/10yrs)	(HDW)

TEAM EVENTS:

9/10, 11/12, 13/14, Junior	4 x 50m Freestyle & Medley Relays.
Open Age Group	4 x 100m mixed Freestyle and Medley relays (2 x male/open swimmers and 2 Female swimmers who may swim in any order) 8 x 50m mixed Freestyle relay (4 x male/open swimmers and 4 Female swimmers, one from each age group who should swim in age order, female first)

- d) All events will be HDW except for 50m events which will have finals. HDW and the heats of the 50m events, will be swum as combined age groups and seeded slowest to fastest irrespective of age. The fastest three heats will be spearheaded.
- e) Finalists who do not wish to take part in the final should advise the recorder in the timing office 30 minutes after the heat results have been announced. Once finals have been seeded in the event of a late withdrawal the reserve will be slotted into the empty lane.
- f) Age of swimmer will be as at the final day of competition. A “Junior” shall be under 17 as at the final day of competition. In the Team events swimmers may swim up an age group except in the 8 x 50m relay.
- g) Entry is open to members of clubs that are affiliated to the East Invicta Swimming Association as set out in the Association constitution and Bye Laws. Swimmers from other clubs may not enter.
- h) The female category is for birth sex females in accordance with Swim England’s Transgender and Non-Binary Competition policy. By entering the Female category, a swimmer confirms their birth sex is female.
- i) For team events Clubs should complete the appropriate form for each team listing names, dates of birth and SWIM ENGLAND Registration for each swimmer. The team may list a maximum of 5 swimmers, 4 of whom will compete in each event. Where clubs use club management software other formats are acceptable. Swimmers who have competed as individuals may only represent the same club in team events.

- j) **8x 50 Mixed squadron relay** - If 10 clubs enter the championships then 6 teams from the clubs with highest number of entrants (*not entries*) will take part plus, with two teams jointly from the remaining 4 – club 7 will work with 10, club 8 with 9. If 9 clubs enter 7 teams from the clubs with highest number of entrants, one team jointly from the remaining two. There will be no charge to clubs for this event.
- k) Clubs may not select swimmers to take part in a team event if they have competed in an individual event representing another club in these championships
- l) Clubs may enter two relay teams per event. A third team may be entered provided this does not result in an extra heat being required and will not be eligible for points.
- m) "Over the top" starts will be used in the heats at the discretion of the referee.
- n) Coaches must withdraw any swimmers not present, or who no longer wish to take part at the relevant desk **no later than the beginning of warm up e for each session** and for events in that session only. A meet management link will be provided to clubs to enable this to be done electronically.
- o) Entry times must have been achieved since October 1st in the year prior to the championships and must be verifiable on the National Rankings database. Long course times converted to short course can be used.
- p) Entry times will not be amended if swimmers achieve faster times after entries have been submitted.
- q) There are no qualifying times for the 800m and 1500m events. **To enter swimmers must have a time that is verifiable on the rankings database.** The fastest entries will be accepted for 5 heats of 800m and 3 heats of 1500m. This will be done proportionately across all age groups giving equal weighting to male/open & females. Rejected swimmers with valid times will be listed in order of their % of the fastest time in their age group and will be offered swims in the event of withdrawals.
- r) Time trials will not be accepted other than for the 800m and 1500m events, and then only if there are empty lanes once the entries have been processed. Swimmers with times on rankings should enter normally and will not be eligible to do a time trial. For these two events only, clubs should manually enter by e-mail, swimmers who do not have times that are supported by rankings. The following information should be submitted:

Club	
Name registered with Swim England	
DOB	
Entry Time	

These entries must have times ratified by the club coach – **entries will not be accepted from swimmers with no times.** Once entries have been processed clubs will be advised how many time trials have been accepted. If required there will be a ballot to determine the swimmers who can compete in the available lanes. This will be done by the promoter.

- s) Entry Fee: £5.00 per event for individual events. £9.00 for relays.
- t) **Clubs must enter electronically using the Sportsystems data file provided and this should be sent by e-mail to:**

lynngates@live.co.uk

A summary of all entries should be sent by e-mail with the entry file.

Do not make any payment until requested to do so. Clubs will be invoiced and requested to pay by BACS to:

NatWest Folkestone branch	Sort code: 52-41-42
	Ac No: 15715167

- u) **Electronic entries must be received by Friday October 2nd, 2026.** Coach declaration and summary of entries should also be sent by e-mail by this date.
- v) The promoter may have to restrict entries to ensure the competition runs within the timetable guidelines set out by Swim England. In this event the slowest swimmers will be rejected. As far as practicable this will be in even proportions across all age groups.
- w) A list of accepted entries will be sent to club entry secretaries and posted on the Association website as soon as practicable after the closing date for the Championships.

- x) Coaches' passes will not be issued. Clubs are expected to provide sufficient staff to manage their swimmers on poolside and comply with Swim England Team Manager, Coach and Chaperone Policy, (SE1048 -16/05/23) which can be found by following this link:

<https://www.swimming.org/swimengland/swim-england-releases-supervision-ratios-policy/>

Coaches and TMs must wear club-branded kit, so they are clearly identifiable. A declaration of coach and helper names is required to be submitted with the entries.

2. Supplementary Para Conditions

- a) These championships shall be run with multi classification para swimming inclusive events.
- b) The following events will be offered

Event	Eligible Classifications
50m Freestyle	S1 - S14
100m Freestyle	S1 - S14
200m Freestyle	S1 - S14
400m Freestyle	S6 - S14
50m Backstroke	S1 - S5
100m Backstroke	S1, S2, S6-S14
50m Breaststroke	SB1 - SB3
100m Breaststroke	SB4-SB9, SB11 - SB14
50m Butterfly	S1 - S7
100m Butterfly	S8 - S14
200m Individual Medley	SM5 - SM14

- c) The minimum age for entry will be 11 years as of 31 December 2026.
- d) All para swimmers must have an authorised IPC Swimming, British Swimming, INAS-FID or British Blind Sport classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.
- e) There will be no qualifying standard for para swimming competitors, but times entered must have been achieved since 1st October 2025 and recorded on Swim England Rankings – submitted times should be short course
- f) Para swimmers will be entered manually by the East Invicta Entry Secretary. Their details should be entered on the separate sheet and enclosed with the entry summary.
- g) A Para Swimming competitor who qualifies for an able-bodied final, may swim in that final. There will be no finals for Para Swimmers swimming in multi classification events. There will be no separate heats for Para swimmers, entrants being seeded by time to compete with able-bodied swimmers. All Para events will be heat declared and final positions based on the relevant BD points.

3. Results

These will be posted on the wall in the corridor between the main reception area and the balcony. They will also be available on the web site as soon as practicable after the event. There may be live results running during the gala via a link on the East Invicta website

4. Programme

There will be no printed programme listing swimmers' names, a PDF version will be available on the website and can be downloaded if you wish to have a hard copy. Start lists will be supplied to all clubs once withdrawals have been processed, generally this is about 30 minutes after the start of the warmup. These will also be a link to Live Results, where start lists can also be viewed as well as the results.

5. Awards

- a) Awards will be made to the fastest 6 in each age group as defined in 1(c), for HDW events and to all 8 finalists for events that have finals. Swimmers who are disqualified will not receive an award.

- b) Awards will be made to the top 3 relay teams in each event.
- c) There will be no presentations for HDW events. Awards to the top 6 swimmers in HDW events will be available for collection from the awards table as soon as the announcement of the result has been made.
- d) Awards for events in which finals have been swum will be presented at the end of each session.
- e) **Swimmer of the Year** There will be an award for the top three swimmers overall in each age group namely, 9yrs, 10yrs, 11yrs,12yrs,13yrs,14yrs & 15yrs and over. This will be determined by Bagpoints, or their age group-corrected equivalent on the following basis:
 - (i) Best 50m
 - (ii) Best 100m
 - (iii) Best 200m Form stroke (back, breast, fly)
 - (iv) Best freestyle from 200m, 400m, 800m or 1500m.
 - (v) Best Individual Medley from 100m, 200m or 400m.

(9 & 10 year swimmers will not take part in some of these events so will count only those for which they are permitted to enter)

These will be presented during the final session when the relays are swum.

- f) **Top Club** - Individual points are awarded to clubs for an Open/Male trophy and a Female trophy as follows:

1st place - 6 points	2 nd place - 5 points	3 rd place – 4 points
4 th place - 3 points	5 th place - 2 points	6 th place – 1 point

- h) **Top Relay Club** - Points are awarded to each team as set out in paragraph 4 (f)

6. Photography

Swim England do not require persons wishing to film during the event to register their names, however anyone wishing to carry out video, zoom or close-range photography is required to do so in accordance with the guidelines which can be found in Wavepower. These conditions also apply to swimmers on poolside. It is a condition of entry to this competition that all competitors consent to photography, performed in accordance with these guidelines.

7. Mobile Phones

Swim England have issued strict instructions that prohibit the use of mobile phones in changing rooms. This is for the protection of our athletes from improper use.

- Swimmers are not permitted to take any electronic devices into the changing village unless they are in their bags or pockets.
- Coaches and volunteers must keep their phones in their bags / pockets when they are walking through the changing village.
- There will be marshals patrolling the changing areas - anyone found not following the rules may be reported to the National Safeguarding Team and asked to leave the centre immediately.
- It is a criminal offence to take pictures under or over cubicle doors so there will be no alternative than to call the police if an incident occurs.

8. Data Protection

Swim meet entries and results will be managed on a computer; they will appear on the East Invicta Website and published in the SWIM ENGLAND rankings database. By submitting entries, consent is thereby given, as required under the Data Protection Act 1984, to the holding of personal information on a computer. To comply with EU General Data Protection Regulation (GDPR) May 2018, this computer is password protected. The information supplied will be used to seed the entries into age groups and will not be used for any other purpose.

By submitting their entry swimmers and their parents accept these conditions in full. Clubs will be advised by e-mail as soon as practicable after the closing date the names of accepted swimmers. A full list of accepted entries will also be posted on the East Invicta Website. If refunds are required these will be made by BACS to the club from which the entry was received.

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Promoter

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